

Dear Coyote Camper and Family,

Welcome aboard! Enclosed you'll find a health form, waiver, list of things to bring, driving directions and other information. We look forward to seeing you.

Things to Bring to Day Camp

Mountain Bike-proper size in good working condition (rentals available).

Properly fitting bicycle helmet.

Two water bottles with cages and/or Camel Back.

Cycling shoes, sneakers or sturdy hiking-type shoes and socks.

Cycling shorts or comfortable shorts for riding.

Long pants or cycling tights for cold days.

Repair kit including multi tool, spare tube, patch kit and tire levers.

Power bars or other energy food for rides.

Lightweight windbreaker and rain gear.

Swimming gear: towel and bathing suit.

Bug repellant, sunscreen.

Heavy sweater or fleece.

Lunch and snack food and drink (snack in morning and afternoon).

Camp Chair for Lunch and Snack time

Life Jacket for swimming

Face mask and hand cleaner

What you can do to prepare for camp:

Ride your bike! Practice some sections with singletrack, rocks, roots and hills. Get your bike tuned up.

Drop off: 9AM

Pick up: 4PM -No Early Drop off or Late Pickup Please!!!

Directions to Coyote Hill:

Interstate 91 to exit16 (Bradford). Rt. 25 north 1 mile then left on South Road. Quick left on Rowell Brook Rd. Continue 2.1 miles to Kidderhood Rd. Turn left on Kidderhood Coyote Hill is 3/4 mile up Kidderhood on the right. 570 Kidderhood Rd.

COYOTE HILL P.O. BOX 212 BRADFORD, VT 05033 coyotehill@valley.net 802-222-5133