



Dear Coyote Hill Camper and Family,
Welcome aboard! Enclosed you'll find a health form, waiver, list of things to bring, driving directions and other information. Please call with any questions.

Balance and Health Form are due two weeks prior to camp date.

Arrivals: 5pm Dinner will be served for campers at 6:30 .

Departures: 2-3pm **No late pickups please.**

Things to Bring to Coyote Hill

Mountain Bike-proper size in good working condition (rentals available).
Helmet (full face for downhill camps) knee and elbow pads for downhill and freeride camps.
Two bottles w/ cages and/or hydration pack.
Repair kit including multi tool, spare tube, patch kit and tire levers.
Extra derailleur hanger (specific to your bicycle model).
Power bars or other energy food for rides.
Cycling shoes, sneakers or sturdy hiking shoes for riding.
Cycling shorts or comfortable shorts for riding. Long pants or tights for cold days.
Shorts, t-shirts, sweater or fleece, windbreaker, rain jacket, socks, swimming gear.
Pillow, bottom sheet, sleeping bag or blanket.
Towel, facecloth, soap, shampoo, toothbrush.
Bug repellent, sunscreen, flashlight, notebook and pen for journal, spending money.
Musical instruments welcome. Summer reading.-No devices.

Items available for purchase at camp:

Repair kits, tubes, gloves, bike shorts, jerseys, energy bars, bottles, and cages, hydration packs.

What you can do to prepare for Coyote Hill!

Ride your bike! Practice some sections with singletrack, rocks, roots and hills!

Have your bike tuned up.

Directions to Coyote Hill:

Interstate 91 to exit 16 (Bradford). Rt. 25 north 1 mile then left on South Road.

Quick left on Rowell Brook Rd. Continue 2.1 miles to Kidderhood Rd. Turn left on Kidderhood
Coyote Hill is 3/4 mile up Kidderhood on the right. 570 Kidderhood Rd.

COYOTE HILL P.O. BOX 212 BRADFORD, VT 05033

802-222-5133

